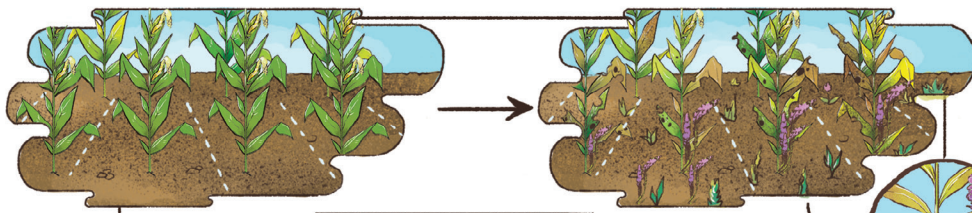


Lesson: To suppress weeds, sow seeds of a spreading type crop or forage in between rows of the major crop. The weed suppressing crop should permit trampling.

1. Traditional practice is to sow seeds of a sole crop in rows.



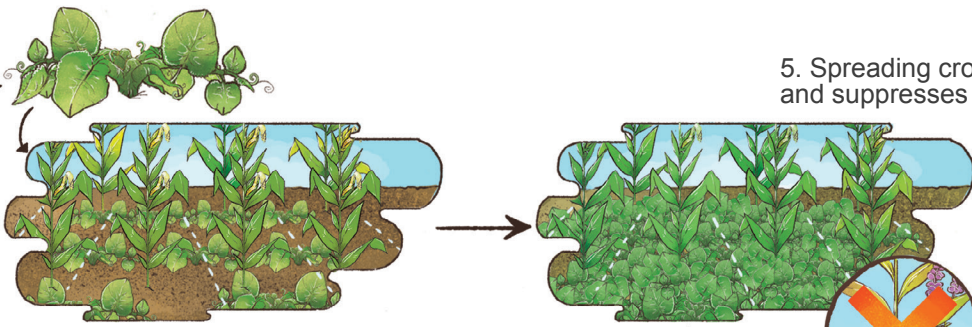
2. Problem: weeds grow in between rows.



3. Drudgery to remove weeds



4. Improved practice: in between rows, sow seeds of a spreading type (e.g. cucurbits)



5. Spreading crop covers the ground and suppresses weeds.

6. Cover crop may be harvested and consumed by livestock as an animal feed or by humans.

