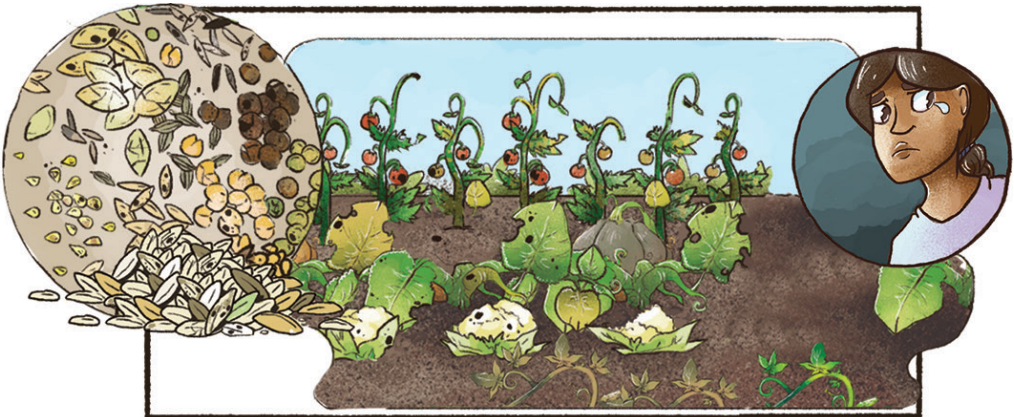
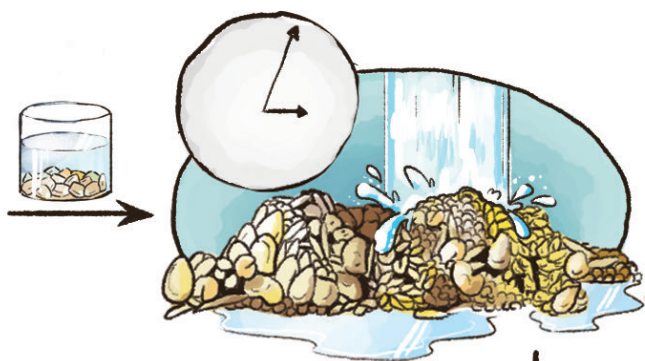


Lesson: Instead of spraying chemical pesticide or biopesticide in the field, it is less expensive and less labour to initially remove pests and disease from seeds before sowing, using diluted bleach.

1. Problem: vegetables damaged by pests and disease



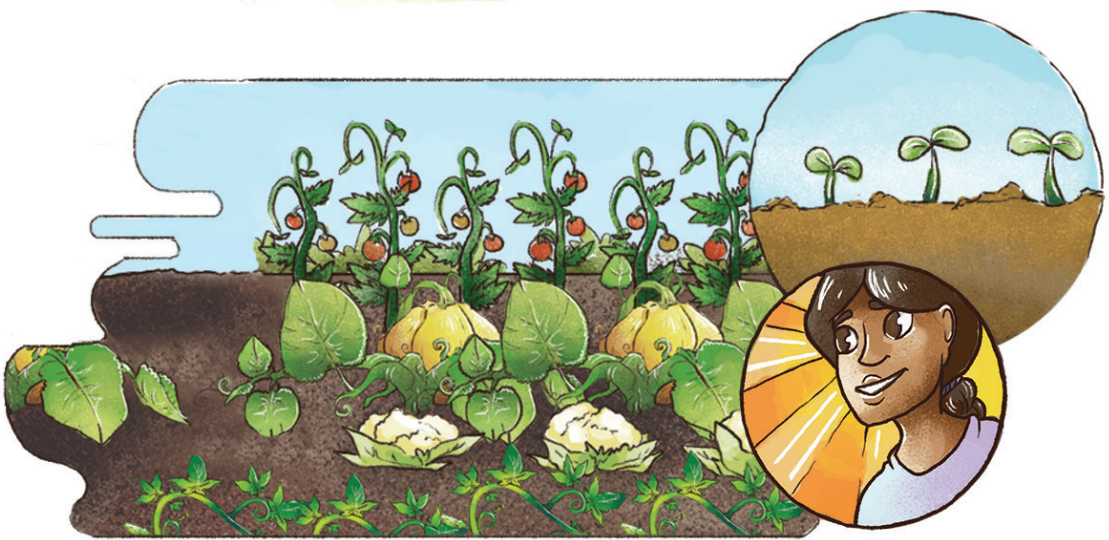
2. Partial solution: soak seeds for a few minutes in diluted bleach.



3. Rinse with water

4. Sow seeds

5. Healthier plants



6. Be careful, excess concentration or time of bleach will kill seeds. It is recommended to try different dilutions and durations of the treatment, and then sow the seeds to ensure germination is not reduced.