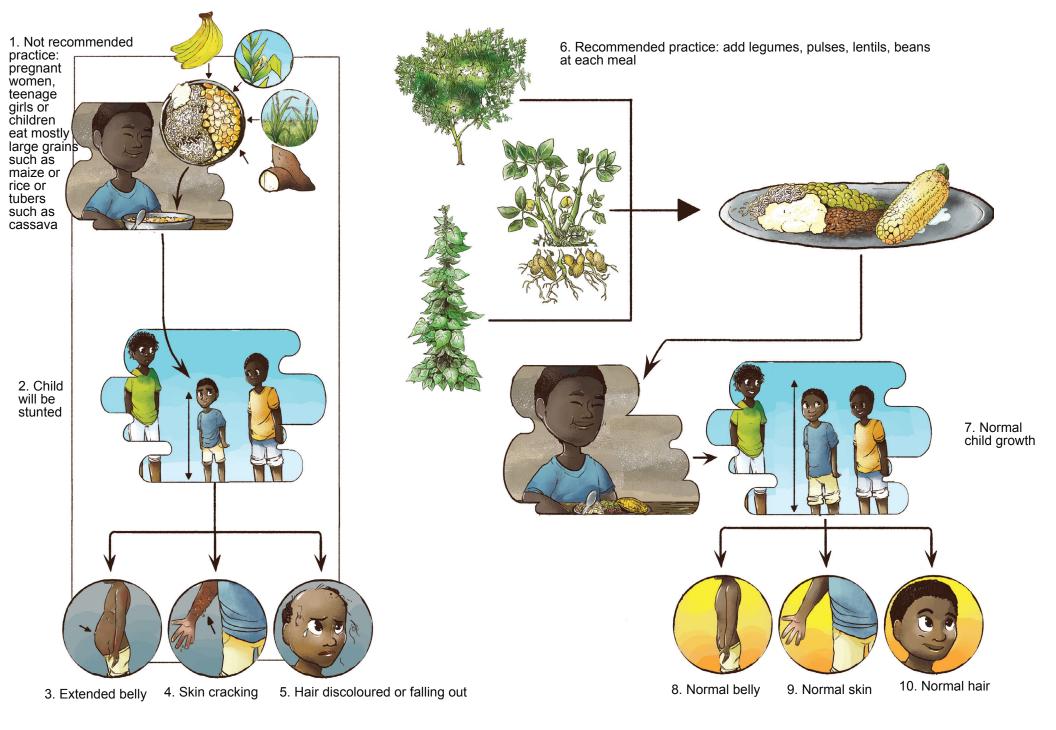
Lesson: People especially pregnant women and children should eat legumes/pulses



10.8