Lesson: Before sowing seeds, use a magnifying glass/sheet to help remove seeds with disease or pests 1. Seeds for sowing may have small spots or damage due to insects or mold 3. Separate unspotted, undamaged seed 2. Purchase magnifying glass/sheet from vendor 4. Sow health seed only Manish N. Raizada, Ph.D.; Lisa Smith, Illustrator SAK Picture Book • Creative Commons